

HJS Girl's Volleyball

At Hopewell Junior there is a 7th and 8th grade volleyball team. Each team is made up of 10 to 12 girls. Girls trying out for a team should have fundamental knowledge of the game. If you would like to try out, but you haven't had much experience we strongly suggest signing up for a camp/clinic. There are many camps, clinics, and leagues throughout the local Cincinnati area that offer Spring and Summer opportunities. A few of these organizations are attached.

Mark the following important events on your calendar for this summer:

- **Conditioning and Open Gym: July 19, 20, 23, 24, 25, 26, 27, 30, 31.** These Conditioning and Open Gym dates will be held at Hopewell Jr. School. Times will be 10:00 am – 12:00 pm. Attendance is strongly encouraged, although not mandatory.

Each girl needs to bring:

- A water bottle for conditioning (we may do some conditioning outside and it will be HOT)
- Kneepads
- Running shoes or cross trainers

- **Try-outs: August 1st and 2nd at Hopewell Jr. School.** Attendance at both try-out dates is vital for thorough evaluation.
- **7th grade: 9:00 am – 10:30 am**
- **8th grade: 10:45 am – 12:15pm**
- **Completed Physical Forms are DUE at the first try-out date.**
- **All other required forms can be found at: finalforms.com**

Fees: Volleyball fees will not need to be paid until your daughter knows if she has made either the 7th or 8th grade team. Fees will then need to be paid within 5 days of making the team. The fee is \$150.00.

*****Please go to Hopewell Jr. Athletics website periodically during the spring/summer for updated information and additional workout information. If we need to alter practices times we will post the new information on the Hopewell Jr. Athletics website.**

<https://hopewelljr.lakotaonline.com/athletics/volleyball>

Girls making the team will be chosen based on their ability to play the game, skill, enthusiasm, good sportsmanship, and attitude. You are expected to attend all practices and games. If you do not make the team you should play club volleyball to increase skills and try-out the following year. If you have any questions or concerns, call one of the coaches listed below.

Sincerely,

Darcy Marsh, 8th Grade Volleyball Coach
Hopewell Jr. School
(513) 706-9662

Katie Bolte, 7th Grade Volleyball Coach
Hopewell Jr. School
(513) 252-6756

Local Volleyball Camps or Training Teams

Sports Express Volleyball

<http://sportsexpressvb.com/>

Cincinnati Volleyball Academy (Courts 4 Sports)

<http://www.courts4sports.com/volleyball/camps-clinics/summer-volleyball-camps/>

Ohio Premier (Kid's First)

<http://www.ohiopremiervc.com/summer-camps>