

HJS Girl's Volleyball

At Hopewell Junior there is a 7th and 8th grade volleyball team. Each team is made of 10 to 12 girls. Girls trying out for a team should have fundamental knowledge of the game. If you would like to try out, but you haven't had much experience we strongly suggest signing up for a camp/clinic. The Lakota East Volleyball Camp is scheduled for July 10 - 13 (5pm – 8pm). See the attached flyer for more information. There are many more local area camps and training teams if you are interested that can help sharpen your volleyball skills. Attached will be a list.

Mark the following important events on your calendar for this summer:

- **Conditioning and Open Gym: July 20, 21, 22, 24, 25, 26, 27, 28, 31.** These Conditioning and Open Gym dates will be held at Hopewell Jr. School.
Times will be 10:30 am – 12:30 pm. Attendance is strongly encouraged, although not mandatory.
- **Try-outs: August 1st and 2nd** at Hopewell Jr. School Gymnasium
7th grade: 9:30 am – 11:00 am
8th grade: 11:15 am – 12:45 pm
- **Completed Physical Forms are DUE at the first try-out date.**
- **All other required forms can be found at: finalforms.com**
- **First day of Official Team Practice: August 3rd** at Hopewell Jr. School (time will be determined later)

Each girl needs to bring:

- A water bottle for conditioning (we may do some conditioning outside and it will be HOT)
- Kneepads
- Running shoes or cross trainers

Fees: Volleyball fees will not need to be paid until your daughter knows if she has made either the 7th or 8th grade team. Fees will then need to be paid within 5 days of making the team. The fee is \$150.00.

*****Please go to Hopewell Jr. Athletics website periodically during the summer for updated information. If we need to alter practices times, due to building maintenance, we will post the new information on the Hopewell Jr. Athletics website.**

<https://hopewelljr.lakotaonline.com/athletics/volleyball>

Girls making the team will be chosen based on their ability to play the game, their enthusiasm, good sportsmanship, and attitude. You are expected to attend all practices and games. If you do not make the team you should play club volleyball to increase skills, and try out the following year. If you have any questions or concerns, please email me call one of the coaches listed below.

Sincerely,

Darcy Marsh, 8th Grade Volleyball Coach
Hopewell Jr. School
dmarsh46@fuse.net
(513) 706-9662

Katie Bolte, 7th Grade Volleyball Coach
Hopewell Jr. School
kateosu4@aol.com
(513) 252-6756

Local Volleyball Camps or Training Teams

Sports Express Volleyball

<http://sportsexpressvb.com/>

Cincinnati Volleyball Academy (Courts 4 Sports)

<http://www.courts4sports.com/volleyball/camps-clinics/summer-volleyball-camps/>

Ohio Premier (Kid's First)

<http://www.ohiopremiervc.com/summer-camps>

Xavier University – Muskie Camp

<http://www.coachpfeffvolleyballcamps.com/camps.html>